POST-OPERATIVE PEDIATRIC PAIN MANAGEMENT EDUCATION

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Background Information: Our surveys were consistently low in our pediatric population. We needed to improve our pediatric patient satisfaction scores found on our NRC Picker surveys. The question we evaluated was, "Did someone from the staff tell you accurately how your child might feel after surgery?" We decided to focus on the pain the patient might experience after their procedure.

Objectives of Project: The objectives of this project were to improve patient and care provider knowledge of pain management. They would be more knowledgeable about what to expect during the perioperative experience in an outpatient setting. Nurses would be proactive with education regarding pain management.

Process of Implementation: We created a pediatric pain management education board. We met with the nurses to explain the survey, and how to implement the education. We only assessed the patients/ care providers that were under 17 years of age. The nurses in the assessment, PACU, and post-op calls areas asked the question and then gave an explanation of what to expect about pain according to their procedure. Each area would provide or reinforce the education as necessary.

Statement of Successful Practice: Our initial NRC survey result was significantly below the 75th percentile. We had a improvement after the intervention above the 75th percentile. One year later will continue to rank above the 75th percentile with some of our quarterly results at 100%.

Implications for Advancing the Practice of Perianesthesia Nursing: We are consistently proactive with our pediatric education in the perianesthesia areas. Our education is improving outcomes and satisfaction. We are planning to include the pre-op call nurses in pain management education.